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## Assessing the Impact of Body Weight on Male and Female Pubertal Development



### EPA Special Study

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NHEERL, U.S. EPA

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## Overview

- Present data from food restriction study
- Discuss results of previous studies using male and female pubertal protocols.
- Discuss examples of published data and conclusions evaluating the role of body weight and growth on pubertal events.

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## Study Objectives

- Assess the relationship between growth rate and pubertal development
- Determine whether or not reduced body weights over a range of 2 – 20% confound the endpoints in the Female and Male Pubertal Protocols

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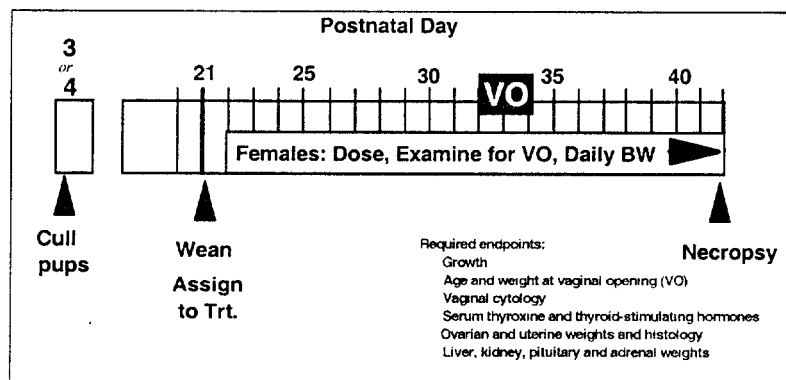
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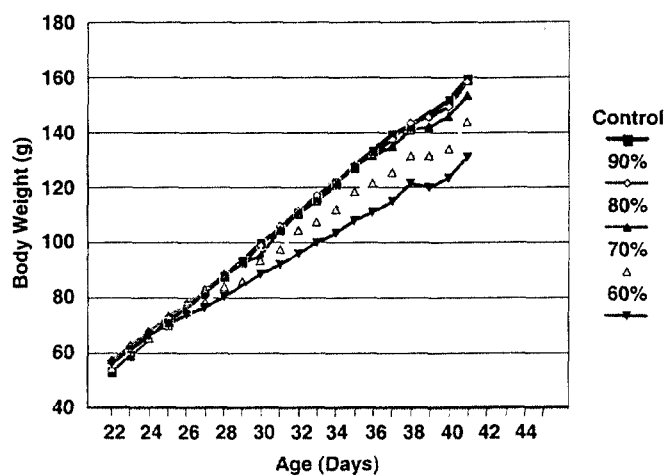
## Methods

- Four groups of male and female Wistar rats (n=13) were fed 90%, 80%, 70% and 60% of *ad libitum* controls
- Percentages were based on 24 h food intake of controls.

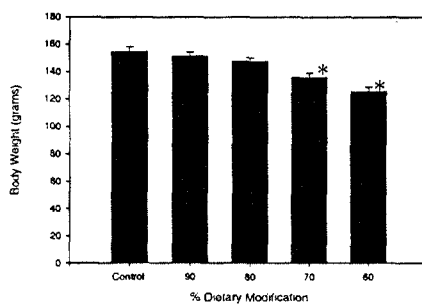
## Female Pubertal Protocol



## Body Weight: Female Wistar Rats



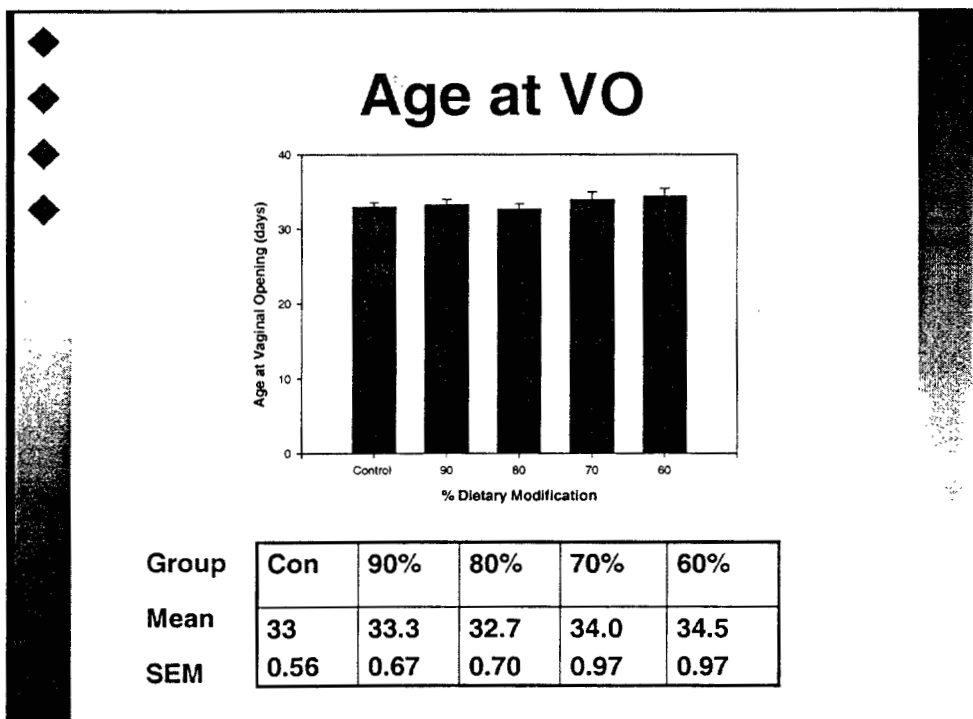
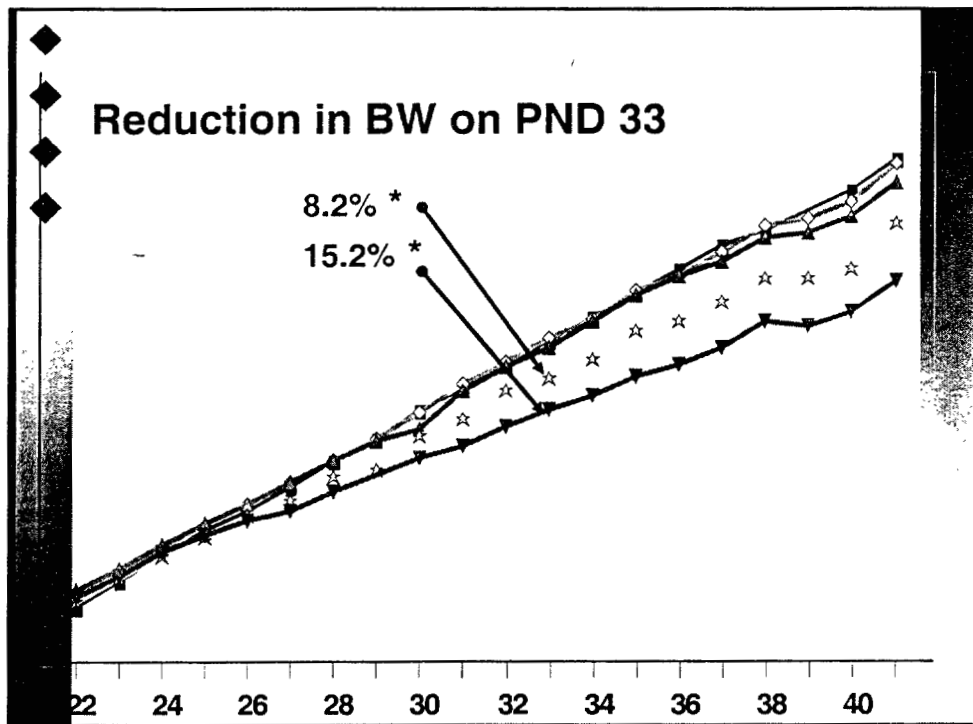
## Body Weight at Necropsy Female Pubertal Study



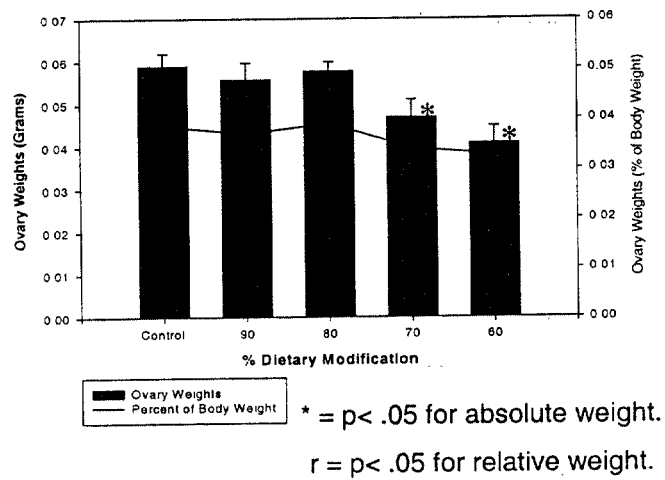
Percent reduction in BW as compared with control

- Group 90 (2.0%)
- Group 80 (4.6%)
- Group 70 (12.1%)
- Group 60 (18.8%)

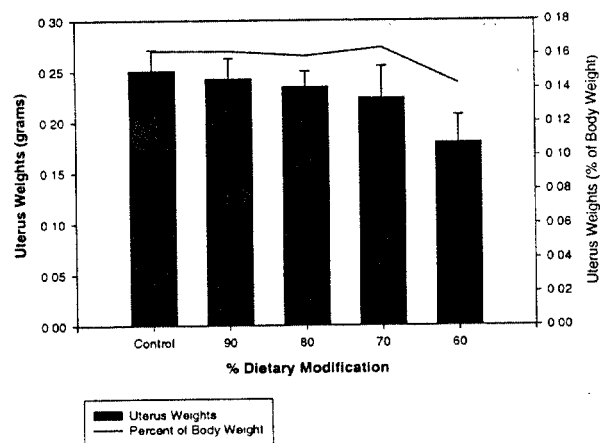
Mean  $\pm$  SEM (n=13); \* P<0.05



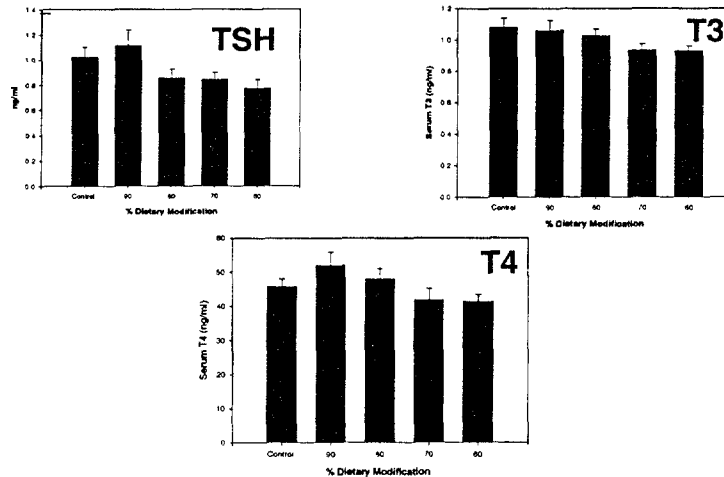
## Ovary Weight



## Uterus Weight



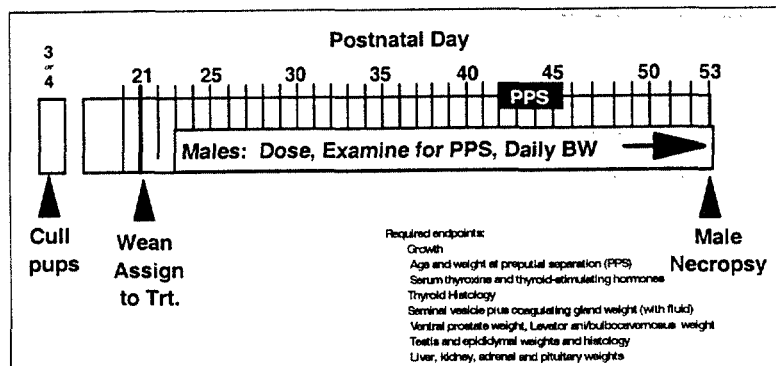
## Thyroid Hormones: Female



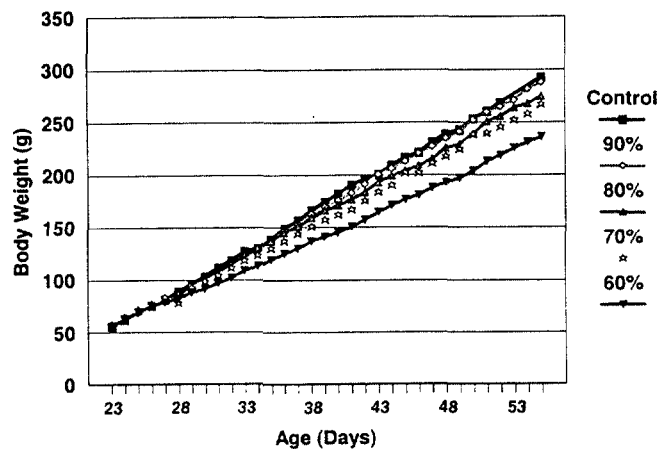
## Summary of Female

- Reduced body weight gains from 2.0 to 18.8% (at necropsy)
  - no effect on VO, uterine weights or thyroid hormones
- Body weight decreases of 12.1 and 18.8%
  - decreased ovarian weight
- Importantly, there were no significant differences in any of the female reproductive endpoints at less than 12.1% decreased body weight.

## Male Pubertal Protocol



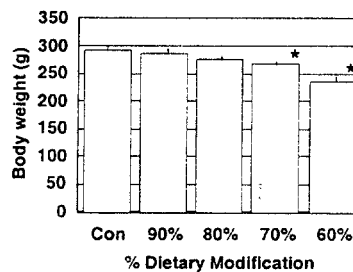
## Body Weight: Male Wistar Rats



◆  
◆ **Body Weight at Necropsy:**  
● **Male Wistar Rats**  
◆

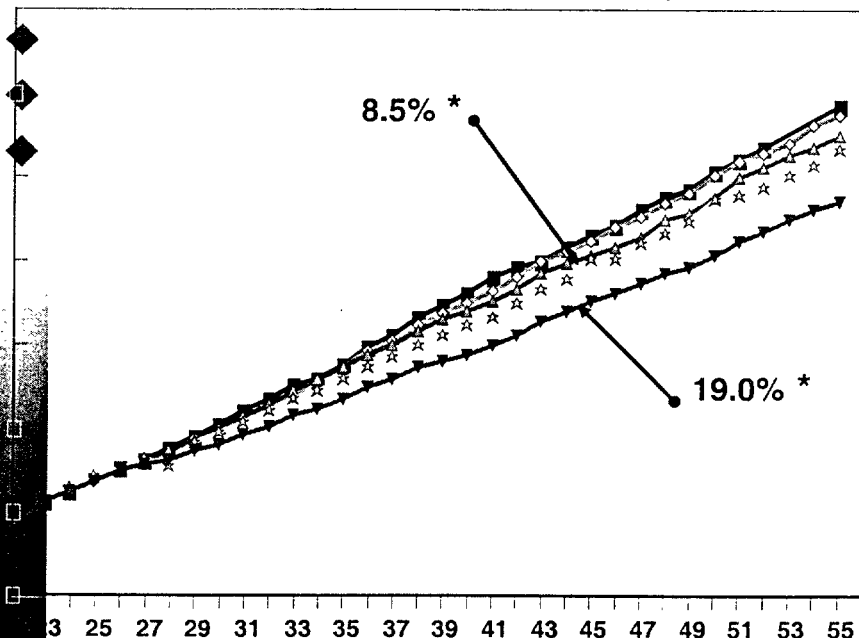
Percent reduction in BW as compared with control

- Group 90 (2.2%)
- Group 80 (4.4%)
- Group 70 (12.5%)
- Group 60 (20.7%)



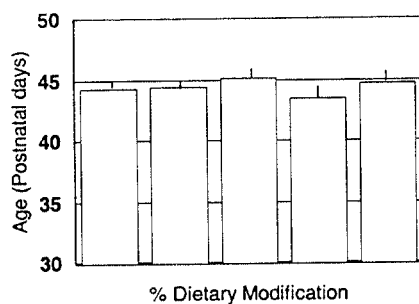
	Con	90%	80%	70%	60%
Mean	293.3	287.9	275.9	266.9	236.3
SEM	2.29	1.08	2.30	1.43	1.06

◆ **Reduction in BW on PND 44**



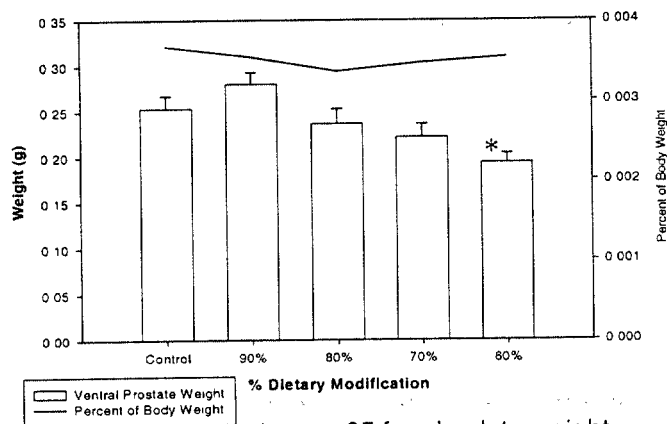


## Age at Preputial Separation

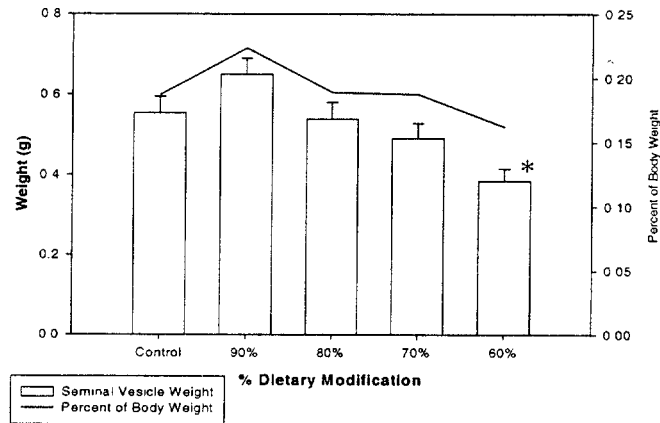


Group	Con	90%	80%	70%	60%
Mean	44.3	44.4	45.2	43.5	44.7
SEM	0.55	0.62	0.57	0.75	0.61

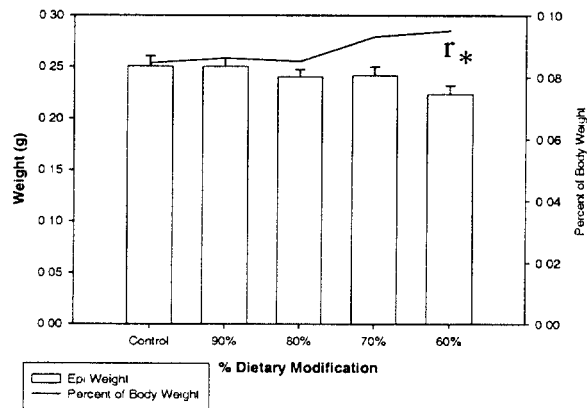
## Ventral Prostate Weight



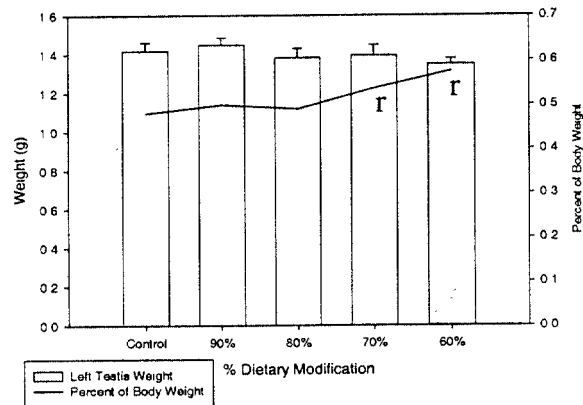
## Seminal Vesicle Weight



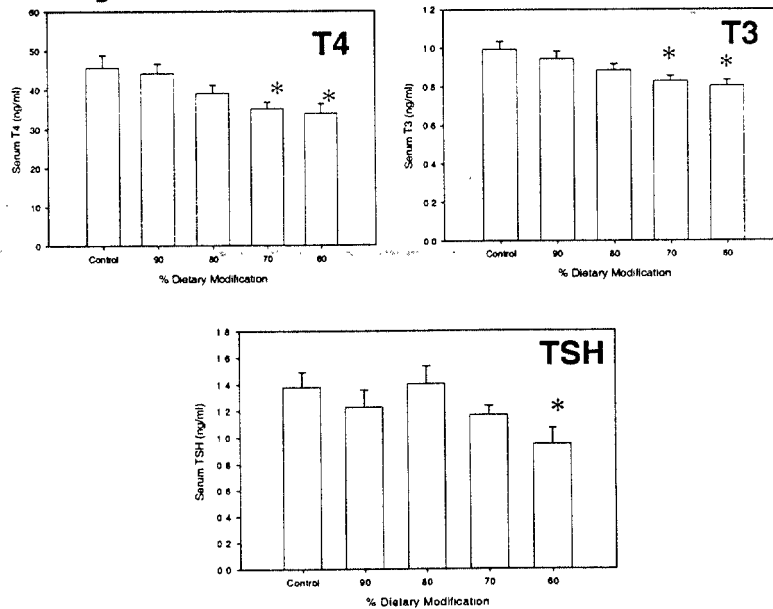
## Epididymis Weight



## Testes Weight



## Thyroid Hormones-Male

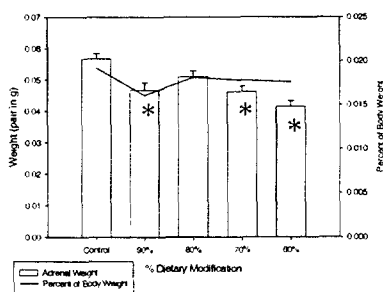


## Male Summary

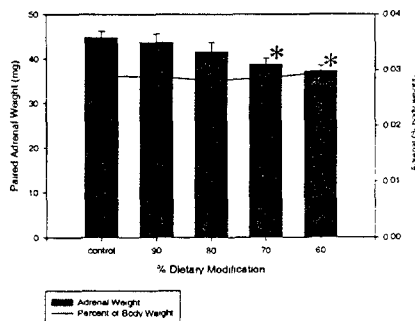
- Reductions in body weight gain from 2.2 to 20.7% had
  - no effect on PPS or testes weight
- Decreases in body weight from 12.5 to 20.7%
  - decreased T3 and T4
- Decreases in body weight of 20.7%
  - decreased ventral prostate, seminal vesicle and epididymal weights
- Importantly, there were no significant alterations of the male reproductive endpoints at decreases of less than 12.5%.

## Adrenal Weights

Male

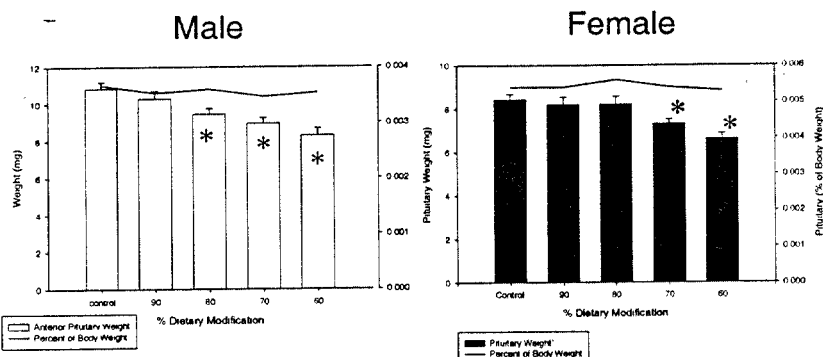


Female

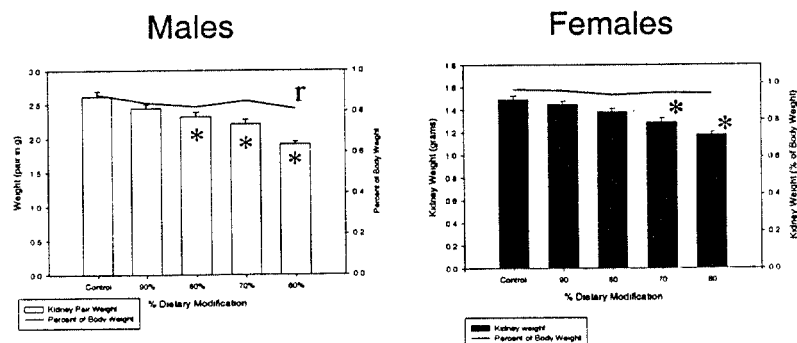


\* =  $p < .05$  for absolute weight.  
 r =  $p < .05$  for relative weight.

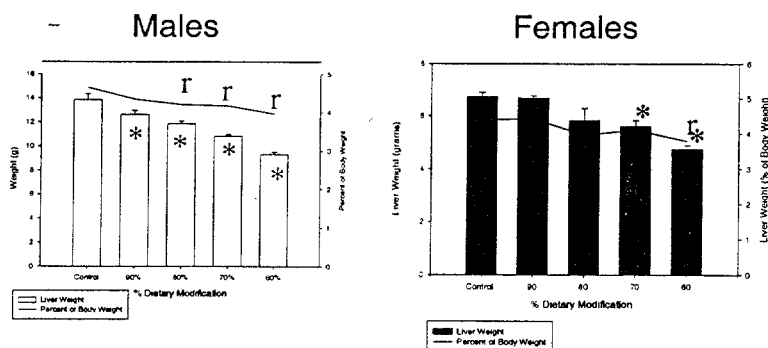
# Anterior Pituitary Weight



# Kidney Weights



# Liver Weight



## Study Conclusions

- A 10% reduction in body weight has no effect on pubertal development
- Pubertal protocols detect a wide variety of EDCs apart from modest decreases in BW

## **Background Literature**

- **Studies were designed to retard reproductive senescence and prolong lifespan:**
  - Litter alterations during early postnatal days resulted in 30 - 65% bw difference.
  - Other studies severely restricted food intake at weaning.
  - Indeed, these studies found that puberty was delayed.
  - The first week of life is critical for nourishment and setting of adult bw.

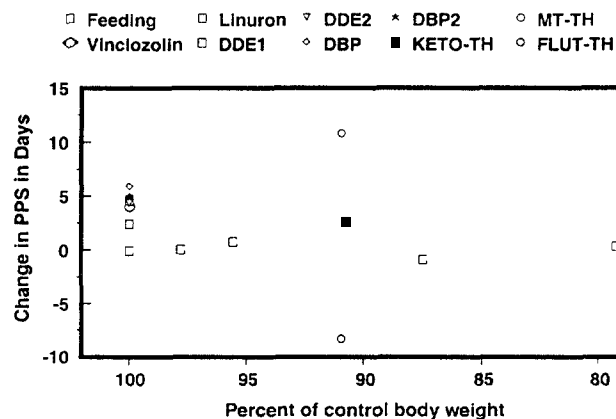
## **Continued:**

- "attainment of critical bw" hypothesis
- "critical body fat" hypothesis
- "growth rate" hypothesis
- All have been questioned by more recent investigations which were unable to repeat earlier studies(Aguilar et al.,1984; Glass et al., 1984, Ronnekleiv, Ojeda & McCann, 1978;Bronson, 2001; Crawford and Osler, 1975).

## General agreement in literature

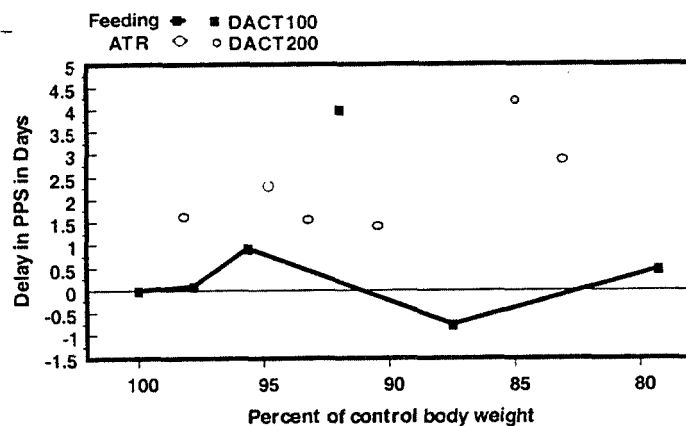
- A 10% decrease in body weight gain in the pubertal assays does not appear to confound the selected endpoints (Connor et al., 2000).
- The reproductive systems in the adult male and female rat are relatively resistant to body weight reductions down to 70% of control (Chapin et al., 1993).

## Relationship between reduction in body weight versus change in age at PPS

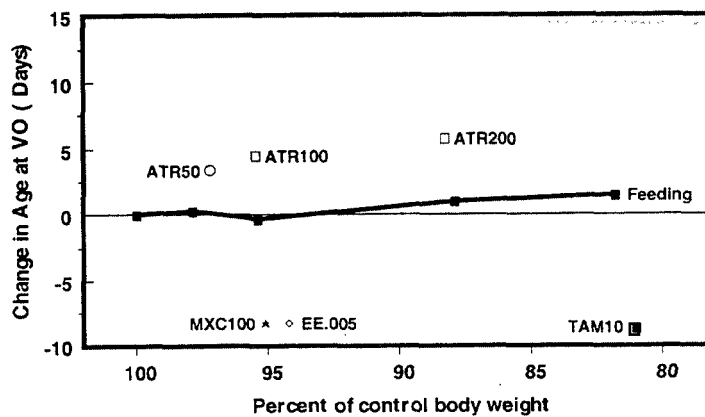




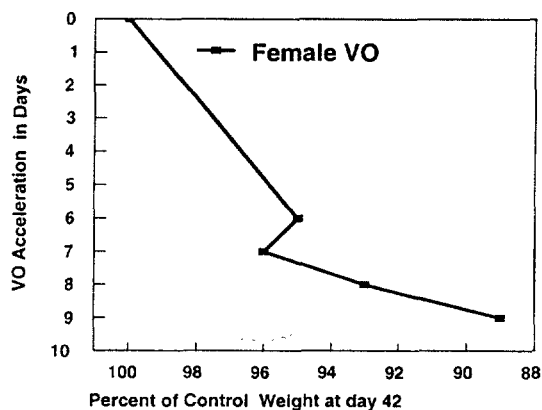
## Relationship between reduction in body weight versus age at PPS



## Relationship Between Body Weight and Age at Vaginal Opening



◆  
◆ Does the estrogen mediated suppression of  
◆ appetite confound the detection of VO?  
◆



Methoxychlor (0, 25, 50, 100, 200 mg/kg)

◆  
◆  
◆ Acknowledgments  
◆

- Collaborators
  - Susan Laws, Ph.D.
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